

# Come to me

## Chant for healing and wholeness

CJ Olding

Based on Matthew 11:28-30 (Gospel 14th Sunday Year A)



**Wheatsheaf  
Music**

The ostinato can be sung on top of the chant in the style of Taize, or sung as a verse between renditions of the chant to the same accompaniment.

$\text{♩} = 86$   
C  
**CHANT**

Come to me if you're wear-y, come to me if you're burd-ened.

Chords: C, F, Dm<sup>7</sup>, E

Come to me with your trou-bles. Come to me, find rest.

Chords: Am, G<sup>7</sup>, C<sup>maj7</sup>/E, F, Dm<sup>7</sup>, G

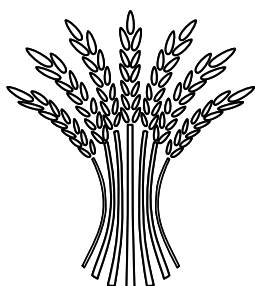
C  
**OSTINATO \ VERSE**

For my yoke is ea\_\_sy, and my burd - en light.

Chords: C, F, Dm<sup>7</sup>, E

Take my yoke and learn from me. Come to me, find rest.

Chords: Am, G<sup>7</sup>, C<sup>maj7</sup>/E, F, Dm<sup>7</sup>, G



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## Additional chants

### For nourishment

Come to me if you're hungry, come to me if you're thirsty.  
Come to me at my table. Come to me, be fed.

**Ostinato \ Verse**      *John 6*

You who eat my body, and who drink my blood,  
you will live for evermore. Come to me, be fed.

### For hope

Come to me if you're frightened, come to me if you're lonely.  
Come to me in your darkness. Come to me, find hope.

**Ostinato \ Verse**      *St Teresa of Avila*

Nothing then shall trouble you, nothing frighten you  
for I'm always at your side. Come to me, find hope.

### For wholeness

Come to me if you're hurting, come to me if you're broken.  
Come to me seeking wholeness. Come to me, find strength.

**Ostinato \ Verse**      *Psalms 29(30)*

I will give you healing, when you cry for help;  
turn your sorrow into joy. Come to me, find strength.